

A Plan for a Planet:

The Keys to the Five Projects

The Five Projects are **Deep Meditation, Belief Management, Spiritual Sexuality, Clean Energy, and Green Economy.**

We can not say there is any “best” method to accomplish these projects, because there may be many creative ways to achieve them, and we do not wish to limit possible creative approaches. However, we can define the fundamental characteristic that represents the ideal we aim for in each project.

In Deep Meditation the goal is to enliven **Transcendental Witness Awareness (Samadhi)**. This is a permanently stable Awareness that is not affected by any mental or physical limitations, disturbances, or events. Enlivening this Awareness in each individual forms the stable foundation for a lasting future Planetary and Inter-Planetary Civilization.

In Belief Management the goal is to understand and apply the paradigm that **a person’s beliefs determine that person’s experiences.** This paradigm fosters an honest sense of responsibility and holds true even if a person does not believe it to be true – so long as the person REALLY believes that it is not true. Then that person’s beliefs will appear not to determine his or her experiences, but the REALITY will still be that the person’s beliefs determine that the experiences appear not to reflect the beliefs. The condition of disconnecting experiences from beliefs (and assigning other sources and positive or negative responsibilities to them such as “God”, “Angels”, “Nature”, “Gurus”, “Political Figures”, “The Enemy”, and so on) is a self-contradictory state known as pretense.

In Spiritual Sexuality the goal is **respect based on appreciation.** There may be any number of ways people may interact, but the key principle is that any other person that a person encounters is a projection of that person’s beliefs and therefore deserves the utmost appreciation and respect. On that basis wonderful cooperation becomes possible. “Sex” refers to the most intimate possible physical relation between

individuals in the whole range of personal relationships. “Spirituality” refers to the unity from which we project a diversity of individuals.

In the development of Clean Energy the key is to tap energy **without polluting the earth environment chemically or thermally**. Solar, wind, hydraulic and any other forms of energy that are available in the environment may be harnessed to perform work that is viewed as useful by humans so long as it does not upset the balance of the earth’s energy ecosystem by releasing dormant energy in too short a time for the environment to dissipate it (thermal pollution), by disturbing the life-cycles of plants and animals (chemical pollution, deforestation, etc.), or by excessively stressing and deforming the oceans and continents.

In the development of a Green Economy the key is to achieve **homeostasis with the planet’s natural ecosystem**. This means that we pursue economic activities using only materials that recycle naturally or via assisted processes in a timely manner. We clean up past pollution and eliminate toxic materials from the economy. We resolutely eschew the consumption of non-renewable resources. If we must use a resource, we first find a non-polluting way to renew it.

The details and methods of how we achieve the above defined five projects in A Plan for a Planet are completely open to creative exploration. In my more detailed essay on the subject I merely suggest some possible methods to consider. However, the principles I have outlined above for each project are necessary to ensure that mankind is able to achieve a lasting civilization on the planet. If humans can follow these principles, civilization on this planet may stabilize and evolve for thousands and perhaps even millions of years, expanding through the solar system and beyond. If humans are not able to follow these principles, then this unbalanced situation will inevitably hasten the extinction of mankind from this planet and the extinction of many other sentient beings as well. That is the simple choice we face during this pivotal century.