

# **A Plan for a Planet:**

## **Introducing Five Projects for the 21 st Century**

The Five Projects are:

- 1. Stable Awareness Reawakened through Deep Meditation**
- 2. Clear Thinking Developed through Belief Management**
- 3. Holistic Relationships Inspired by Spiritual Intimacy**
- 4. Clean Energy Tapped from Existing Dynamic Flows**
- 5. Sustainable Economy Functioning with a Zero Footprint**

We can not say there is any “best” method to accomplish these projects, because there may be many creative ways to achieve them, and we do not wish to limit possible creative approaches. However, we can define the fundamental characteristic that represents the ideal we aim for in each project.

In Deep Meditation the goal is to enliven Transcendental Witness Awareness (Samadhi). This is a permanently stable Awareness that is not affected by any mental or physical limitations, disturbances, or events. Enlivening this Awareness in each individual forms the stable foundation for a lasting future Planetary and Inter-Planetary Civilization.

In Belief Management the goal is to understand and apply the paradigm that a person’s beliefs determine that person’s experiences. This paradigm fosters an honest sense of responsibility and holds true even if a person does not believe it to be true. Then that person’s beliefs will appear not to determine his or her experiences, but the REALITY will still be that the person’s beliefs determine that the experiences appear not to reflect the beliefs. The condition of disconnecting experiences from beliefs (and assigning other sources with positive or negative responsibilities to them such as “God”, “Angels”, “Nature”, “Gurus”, “Political Figures”, “The Economy”, “Immoral People”, “The Enemy”, and so on) is a self-contradictory state, because the person must first assign the responsibility via a belief and then deny that he assigned it by means of a belief in the priority of that “responsible” source (i.e. I had nothing to do with it and just happened to be there.) Attention flows in a cycle that is fully automatic except for the key moment at which a person may decide the direction of the flow and thereby shape his or her destiny. This is the point of greatest relaxation that occurs just after a discovery of a more expanded viewpoint. Skill in belief management is mastery of how to direct attention toward appropriate preferences with the least expenditure of energy and maximum actualization of the preferred personal and global reality.

In Spiritual Intimacy the goal is respect based on appreciation. There may be any number of ways people may interact, but the key principle is that any other person that I encounter is a projection of my beliefs and therefore deserves the utmost appreciation and respect. On that basis wonderful cooperation becomes possible. “Sex” refers to the most

intimate possible physical relation between individuals in the whole range of personal relationships and is the key to species survival and spiritual bliss. “Spirituality” refers to the unity from which we project a diversity of individuals in our experience of reality. Social problems arise from confusion about sex and spirituality in human relationships.

In the development of Clean Energy processes the key is to tap available energy resources without polluting the earth environment chemically or thermally. The sun is by far our planet’s primary source of energy. Solar, wind, hydraulic and any other forms of energy that are available in the environment may be harnessed to perform work that is viewed as useful by humans so long as they do not upset the balance of the earth’s energy ecosystem by releasing dormant energy (e.g. via fossil fuels) in too short a time for the environment to dissipate it (thermal pollution), by disturbing the life-cycles of plants and animals (chemical pollution, deforestation, etc.), or by excessively stressing and deforming the oceans and continents. The ocean absorbs and stores vast amounts of solar energy – way beyond what solar panels can collect. Ocean Thermal Energy Conversion is thus a practical technology of the future. For portable energy catalytic hydrogen furnaces driving steam engines and plasma water fuel are the most promising technologies. Other more advanced technologies may be available in the future through fundamental research and development.

In a Sustainable Economy the key is to achieve homeostasis with the planet’s natural material ecosystem. This means that we pursue economic activities using only materials that recycle naturally or via assisted processes in a timely manner. We clean up past pollution and eliminate toxic materials from the economy. We also resolutely eschew the consumption of non-renewable resources. If we must use a resource, we first find a non-polluting way to renew it. This project requires deep research in areas such as advanced materials and recycling procedures.

Through creative exploration we will discover new details and methods for how to achieve the above five projects of **A Plan for a Planet**. In my more detailed essay on the subject I discuss some possible methods to consider as a starting point. Better approaches may evolve or already exist. However, the principles I have outlined above for each project are necessary to ensure that mankind is able to achieve a lasting civilization on the planet. If humans can follow these principles, civilization on our planet may stabilize and evolve for thousands and perhaps even millions of years, expanding through the solar system and beyond. If humans are not able to follow these principles, then our unbalanced relationship with our ecosystem will inevitably hasten the extinction of mankind and the extinction of many other sentient beings that share our planet as well. That is the simple choice we face during this pivotal century. The clock is ticking.